



Earthquake Safety

Preparation, planning, and practice are key to surviving an earthquake. Learn what actions you can take to prepare for an earthquake and what you can do to help keep yourself and your loved ones safe during and after an earthquake.



PREPARE FOR AN EARTHQUAKE

Is your house earthquake-ready?

- Evaluate your risk.
- Make a plan with your family.
- Practice what to do.
- Secure nonstructural items so they do not fall.
- Assemble an emergency supply kit.
- Determine your need for insurance coverage.
- Use qualified professionals for retrofitting work.

STAY SAFE DURING AN EARTHQUAKE

Know what to do:

- Drop, cover, and hold on.
- If you are inside, stay inside.
- Stay away from glass, hanging objects, heavy shelves and objects, and cabinets.
- If you are outside, stay outside in an open area.
- Follow your evacuation plan.
- If you are in a car, pull over and park in a safe location.

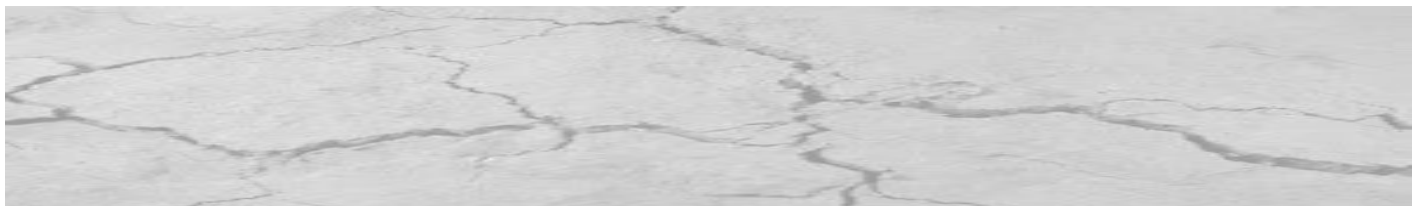
STAY SAFE AFTER AN EARTHQUAKE

Avoid hazards after an earthquake:

- Expect aftershocks.
- Keep yourself and loved ones safe from damaged buildings, downed power lines, leaking gas lines, and sinkholes.
- Contact your insurance company to verify coverage for the losses.
- Re-evaluate hazards to mitigate or secure.

Cal OES MyHazards website: Learn how to address natural hazards in your area. Use the MyHazards tool to discover hazards in your area and learn steps to reduce personal risk at <https://www.myhazards.caloes.ca.gov/>

For additional resources, visit the Centers for Disease Control and Prevention (CDC) website: <https://www.cdc.gov/disasters/earthquakes/index.html> and the California Governor’s Office of Emergency Services (Cal OES) website: <https://www.caloes.ca.gov/cal-oes-divisions/earthquake-tsunami-volcano-programs/earthquake-about>



For Environmental Health questions and information, contact the Division of Environmental Health at (209) 381– 1100.