Proclamation

of

Mental Health Month

Whereas, Good mental health is essential to everyone's overall health and well-being; and,
Whereas, Mental Health is how we think, feel, and act as we face life's situations; and,
Whereas, Mental Health illness is real and painful and can lead to failure at school, family conflicts, drug abuse violence, or suicide; and,
Whereas, Statistics show that mental illness will strike one in five Americans, in any given year, regardless of age, gender, race, ethnicity, religion, or economic status; and,
Whereas, Merced County acknowledges the importance of mental health and the many quality programs and services which are locally available to those in need; and,
Whereas, Increased public awareness of mental health issues may lead to earlier recognition and treatment of possible mental health illnesses, lower health care and correctional costs, increased productivity, improved ability of children and adolescents to learn and contribute to healthier families and communities.

Now, Therefore, Be it Resolved, We, the Merced County Board of Supervisors resolve that May 2020 is Mental Health Month in Merced County, and all citizens are enjoined to practice good mental health and support Merced County's efforts to assure full participation of all its citizens.

Lee Lor
District Two

Daron McDaniel
District Three

Lloyd Pareira,
District Four

Scott Silveira
District Five

Rodrigo Espinoza, Chairman
District One