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Child Health & Disability Prevention Program



### Mark Your Calendar:

- New School Immunization Regulations Effective July 1, 2019
- National Immunization Awareness Month (NIAM) coming up in August 2019

“Vaccines save lives; fear endangers them. It's a simple message parents need to keep hearing.” —  
Journalist Jeffrey Kluger, author of *Splendid Solution: Jonas Salk and the Conquest of Polio*

### WE ARE ALL ABOUT IMMUNIZATIONS

Immunizations remain to be one of the most important interventions for preventative care in children and adolescents. The Child Health and Disability Prevention program has been working in great efforts on encouraging up-to-date immunizations on all children in the County of Merced.

Every two years the Centers for Disease Control and Prevention (CDC) conducts national online poll of parents of children less than 7 years of age. In 2018 this survey revealed that the most trusted sources of vaccine information are doctors and healthcare providers (HCP) (93%). It is evident that doctors and Healthcare Providers (HCPs) remain the main source of trusted healthcare information. As a healthcare professional it is important to note that there is enormous potential in influencing a parents decision on whether a child will be vaccinated or not. Back-To-School is the perfect time to educate parents on the importance of up-to-date immunization records.

Source: CDC National Poll of Parents 2018



# Back-To-School: Ready For School?

## Make Sure Those Vaccine Records Are Up-To-Date

In **California**, children are **required to be immunized** for several diseases when entering child care, transitional kindergarten/kindergarten, elementary/secondary school, and seventh grade. Let parents and college students know that colleges and universities may have their own requirements, especially for students living in residence halls. California schools are required to check immunization records for all new student admissions at TK/Kindergarten through 12th grade and all students advancing to 7th grade before entry. Parents must show their child's Immunization Record as proof of immunization.



## **NEW!!!** Starting July 1, 2019

### Students Admitted at TK/K-12 Need:

- Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td) — 5 doses (4 doses OK if one was given on or after 4th birthday. 3 doses OK if one was given on or after 7th birthday.)  
For 7th-12th graders, at least 1 dose of pertussis-containing vaccine is required on or after 7th birthday.



- Polio (OPV or IPV) — 4 doses (3 doses OK if one was given on or after 4th birthday)
- Hepatitis B — 3 doses (not required for 7th grade entry)
- Measles, Mumps, and Rubella (MMR) — 2 doses (Both given on or after 1st birthday)
- Varicella (Chickenpox) — 2 doses

These immunization requirements also apply to students entering transitional kindergarten.

## California Immunization Requirements for

### K- 12<sup>th</sup> Grade easy-to-look-up table

Grade	Number Of Doses Required Of Each Immunization
K- 12 Admission	4 Polio 5 DTaP 3 Hep B 2MMR 2 Varicella
(7 <sup>th</sup> - 12 <sup>th</sup> )	1 Tdap
7 <sup>th</sup> Grade Advancement	1 Tdap 2 Varicella

\*This table is adapted from California Department for Public Health (CDPH), for complete table requirements for childcare, and additional resources visit [www.shotsforschool.org](http://www.shotsforschool.org)

For more information on the Advisory Committee on Immunization Practices (ACIP) and immunization schedules visit Centers for Disease Control and Prevention's *Recommended Immunization Schedules For Health Care Providers* at <https://www.cdc.gov/vaccines/schedules/hcp/index.html>



## Summer is Here... Share This with Your Patients:



Heat-related illness happens when the body's temperature control system is overloaded. Infants and children up to 4 years of age are at greatest risk. Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather. For heat-related illness, the best defense is prevention.

- **Stay hydrated** and offer water to children frequently
- **Never leave infants, children, or pets in a parked car, even if the windows are cracked open**
- Dress infants and children in **loose, lightweight, light-colored clothing**
- Schedule **outdoor activities** carefully, for **morning and evening** hours
- Stay cool with **cool showers or baths**
- **Seek medical care immediately** if your child has symptoms of **heat-related illness**
- **Cover up.** Clothing that covers your and your child's skin helps protect against UV rays
- Use **sunscreen** with at least SPF (sun protection factor) 15 and UVA (ultraviolet A) and UVB (ultraviolet B) protection every time you and your child go outside

### PROVIDERS DID YOU KNOW?

- Those living in urban areas may be at a greater risk from the effects of a prolonged heat wave than those living in rural areas.
- Most heat-related illnesses occur because of overexposure to heat or over-exercising.
- Sunburn can significantly slow the skin's ability to release excess heat.
- 658 people died in the US as a result of extreme heat in 2011.
- \$30 BILLION estimated total cost of the 2012 US drought and heatwave.



## Master Water Safety



**Water-related activities** are popular for getting physical activity and have many health benefits, however drownings are the **leading cause of injury death for young children ages 1 to 4**, and three children die every day as a result of drowning. Here are some tips to stay safe while having fun:

- **Always supervise children** when in or around water. A responsible adult should constantly watch young children

- **Teach kids to swim.** Formal swimming lessons can protect young children from drowning
- **Learn cardiopulmonary resuscitation (CPR).** Your CPR skills could save someone's life
- **Install a four-sided fence around home pools**



Recreational boating can be a wonderful way to spend time with family and friends. Make boating safety a priority.

- **Wear a properly fitted life jacket** every time you and your loved ones are on the water

Resource- <https://www.cdc.gov/family/kids/summer/index.htm>

# Provider Resources



New Updated 2019 Immunization Schedules for Health Care Providers:

<https://www.cdc.gov/vaccines/schedules/hcp/index.html>

Provider Resources for Vaccine Conversations with Parents:

<https://www.cdc.gov/vaccines/hcp/conversations/index.html>

CDC Childhood Immunization Campaign Partner Newsletter- sign up for e-mail updates:

[https://tools.cdc.gov/campaignproxyservice/subscriptions.aspx?topic\\_id=USCDC\\_1199](https://tools.cdc.gov/campaignproxyservice/subscriptions.aspx?topic_id=USCDC_1199)

Central California Alliance Website: <http://www.ccah-alliance.org/providers.html>

<https://www.shotsforschool.org/>

CDC Provider Resources: <https://www.cdc.gov/vaccines/partners/childhood/professionals.html>

CHDP Provider Resources:

CHDP Provider Manual- [http://files.medi-cal.ca.gov/pubsdoco/chdp\\_manual.asp](http://files.medi-cal.ca.gov/pubsdoco/chdp_manual.asp)

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<http://www.co.merced.ca.us/82/Public-Health>

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