

# CBMCS Training

*The greatest strength of this training was... "The awareness of different cultures and how to be more open to different customs."*

*-Community Development Partner*

## The California Brief Multi-Cultural Scale Training

What is California Brief Multicultural Competence Scale (CBMCS)?

CBMCS is a progressive training program for mental health professionals which provides tools for working with diverse populations. This two day training is divided into four independent modules.

Module I: Multicultural Knowledge

Module II: Awareness of Cultural Barriers

Module III: Sensitivity and Responsiveness to Consumers

Module IV: Socio-cultural Diversities

At the end of this course the participants will be able to:

- Discuss knowledge and understanding of cultural identity, strengths and values and the effects of historical trauma and racism.
- Develop effective skills for cross cultural engagement, assessment and intervention with consumers and family adherents in mental health settings.
- Use awareness of one's own personal beliefs, worldview and cultural identity and gain insight of the impact on professional practices.



**Date** Monday, June 24, 2019- Tuesday, June 25, 2019

**Time** 8:30 am – 4:30 pm (Lunch on your own)

**Location** Merced County BHRS, 301 E. 13th St, Suite E, Merced

### Continuing Education

**UP TO 13.00 FREE HOURS OF CONTINUING EDUCATION UNITS AVAILABLE IN THE FOLLOWING:**

PROVIDER APPROVED BY CCAPP-EI, PROVIDER NUMBER 3N-15-624-0619 FOR 13.00 CEH'S.

PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING, PROVIDER NUMBER 14110, FOR 13.00 CONTACT HOURS.

CA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS (LMFTS, LCSWS, LPCCS, AND/OR LEPS)- PROVIDER # 132906

COURSE MEETS THE QUALIFICATIONS FOR 13.00 HOURS OF CONTINUING EDUCATION CREDIT FOR LMFTS, LCSWS, LPCCS, AND/OR LEPS AS REQUIRED BY THE CALIFORNIA BOARD OF BEHAVIORAL SCIENCES. MERCED COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES IS APPROVED BY THE CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS TO SPONSOR CONTINUING EDUCATION OF LMFTS, LCSWS, LPCCS, AND/OR LEPS. MERCED COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES MAINTAINS RESPONSIBILITY FOR THIS PROGRAM/COURSE AND ITS CONTENT.

\*CERTIFICATES SHALL BE MAILED OUT WITHIN 30 DAYS OF TRAINING IN EXCHANGE FOR A COMPLETED EVALUATION FORM.

\*\* 1 HOUR LUNCH BREAK AND TWO 15 MINUTE BREAKS WILL NOT BE COUNTED TOWARD CE TIME AWARDED

### Please Note

The CBMCS training is mandatory for all Merced County Behavioral Health and Recovery Services staff. You must be present for both days in order to receive a certificate. Anyone in the behavioral health field is welcome to attend. This training is free to attend.

### Trainer(s)

Sharon Jones, LMFT, is the MHSA Coordinator in Merced County and has over 30 years of experience working with adults and children in the mental health field.

### To Register

If you would like to register or cancel your registration, or if you have any questions/grievances/or require special accommodations please contact Andrea Tovar at (209) 381-6829 or

[ATovar@co.merced.ca.us](mailto:ATovar@co.merced.ca.us)

Deadline to register is June 17, 2019.

