

Program Principals

- Allow for self discovery
- Be youth led and youth driven
- Build personal and interpersonal skills
- Mandate physical and emotional safety
- Offer community engagement
- Promote healthy risk taking
- Utilize fun in all activities



Program Objectives

- Increase community engagement
- Increase sense of wellbeing
- Increase school connection
- Increase communication skills
- Provide positive adult and peer relationships
- Reduce risk of substance use

Y2Y Mentoring Coordinators

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YOUTH TO YOUTH Middle School MENTORING

A large, stylized 'Y2Y' logo is centered within a white circle. The circle is set against a yellow background that has a slight 3D effect, appearing to be a card or a sticker placed on a dark blue surface.

Y2Y

Youth to Youth
Est. 1993

Bringing youth
together in ongoing
mutually beneficial
relationships to
heal, learn, and aspire

Sponsored by
Merced County
Behavioral Health & Recovery
Services
Substance Use Disorder
Prevention Unit

The Youth to Youth Model

Youth to Youth Middle School Mentoring is a 16 week program offered after school at various schools in Merced County.

Mentors and mentees meet together in small groups each week. Each weekly session includes snacks and check-ins, group activities, Project ALERT! curriculum, and one on one mentoring. Mentors are high school students who have been recommended for their character and interest in community service. Mentors are trained in the fall on confidentiality, communication skills and group facilitation.

Mentees are 8th grade students identified as “in need”. In need could refer to academic, social or emotional needs the student has.

Mentors and mentees are supported at their school sites by a school staff advisor.

The model is driven by peer relationships which are supported by adult allies and evidence based curriculum.



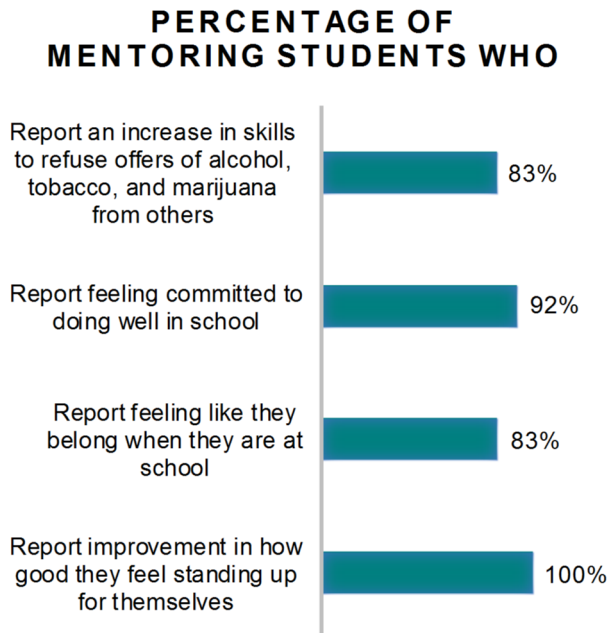
History

Afterschool mentoring started in 2002 as an alcohol and drug prevention effort. Since that time it has been expanded to include addressing mental and emotional health.

The program has been implemented in Atwater/Winton, Merced, Delhi, Dos Palos, Le Grand, Livingston, and Los Banos schools.

The program staff focus their efforts in schools who’s families have very limited income, experience social exclusion, or are geographically isolated from resources.

Outcomes



Future

It is our goal to have Youth to Youth Middle School Mentoring implemented in at least 6 locations serving 120 youth each year.

We hope that Y2Y Middle School Mentoring serves as an introduction to the important role of mentorship in communities.

We are successful when those who we have mentored become mentors for others.