

Westside Transitional Center

Your Service Team:

- Consumer Assistance Workers
- Program Assistant
- Mental Health Workers
- Housing Specialists
- Community Enrichment Director

Dr. Jennifer Jones



WELLNESS • RECOVERY • RESILIENCE



Westside Transitional Center

40 WEST G STREET
LOS BANOS, CA
209-710-6122

Open 9:00 to 3:00 pm
Monday-Friday



Merced County
Behavioral Health
& Recovery Services.

M.H.S.A
Mental Health Service Act

Westside Transitional Center



Hope

Hope is most motivating when it takes form as a real, reasonable image of what life can look like. We need to see possibilities – getting a job, earning a diploma, having an apartment – before we can make changes and take steps forward.

Empowerment

To move ahead, we need a sense of our capabilities. To be empowered, we need access to information and the opportunity to make our own choices. At the Transitional Center individuals choose the types of services they want.

Self-Responsibility

As we move toward recovery, we realize we need to be responsible for our own lives. This comes with trying new things, learning from mistakes and trying again. We encourage individuals to take risks, such as living independently, applying for a job, enrolling in college or asking someone out on a date.

A Meaningful Role in Life

To recover, we must have a purpose in our lives separate from our illness. We need to apply newly-acquired traits such as hopefulness, confidence and self-responsibility to “normal” roles such as employee neighbor, graduate and volunteer. Meaningful roles help people with

Westside Transitional Center Services

- ◆ Employment Development
- ◆ Job Finding
- ◆ Housing Assistance
- ◆ Continuing Education
- ◆ Money Management
- ◆ Mental Health Recovery Groups
- ◆ Substance Abuse Recovery Groups
- ◆ Peer to Peer Support
- ◆ Medication Education Groups
- ◆ Self-Discovery Activities
 - Arts
 - Music
 - Movement
 - Creative Writing
 - Local and State Travel
 - Fun
 - Friendships!
- ◆ Power of One Passports
 - Chose your service options to create a passport to your dreams.



Recovery through Discovery



Who can become members of the Transitional Center?

Adults who have or are experiencing a major mental illness and are open to behavioral health services at our clinic.

How do I enroll?

We can help you enroll. Or you can call Access at 209-381-6800 Center Point of Entry.

Is there a cost?

There is no out-of-pocket cost. Medical, Medi-Care, and Central Alliance if you have that benefit.