

# TIP —

developing personal choice  
and social responsibility



[www.aspiranet.org](http://www.aspiranet.org)

ASPIRAnet

## Transition to Independence Process (TIP)

Merced



TIPMerced/3.10

### Transition to Independence Process (TIP)

Aspiranet strengthens children, youth, families and communities through seven core programs including: Foster Care, Adoption, Residential, Transition Age Youth, Behavioral Health, Intensive Home Based Services and Family and Community Services.

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Transition to Independence Process system currently serves the County of Merced.



Developing personal choice  
and social responsibility  
with young people.

# Transition to Independence Process

## About Transition to Independence Process (TIP)

Aspiranet's Transition to Independence Process (TIP) addresses the unique needs of young adults (14-25 years old) with emotional and behavioral difficulties (EBD) by preparing them for their movement into adulthood through an individualized process. The goal of the program is to engage young people in their own future's planning process by providing them with developmentally-appropriate, non-stigmatizing, culturally-competent, and appealing services and supports. Young adults, their families, and other key players are engaged in a process that prepares and facilitates young people in their movement toward greater self-sufficiency and successful achievement of their goals. Transitional goals are based in the areas of employment/career, educational opportunities, living situation, personal effectiveness/wellbeing, and community-life functioning.

## Goals Are Based on Two Axioms

- Maximize the likelihood of the success of young people.
- Allow young people to encounter natural consequences through life experience.

## Goal Achievement in the Following Transition Domains:

- Employment and Career
- Educational Opportunities
- Living Situation
- Personal Effectiveness & Wellbeing
- Community-Life Functioning



## TIP System Core Practices

- Strength Discovery and Needs Assessment
- Futures Planning
- Social Problem Solving (SODAS)
- Prevention Planning on High Risk Behaviors
- Peer Focus Groups
- Individualized and Specialized Transition Planning
- Annual Group Field Trips
- Ongoing Life Skills Training

## Young Person (YP) Centered Approach

1. Engagement through relationship development and a focus on YP futures.
2. Tailored services and supports built on strengths of YP and goals set by YP.
3. Acknowledgement and development of personal choice and social responsibility with the YP.
4. A safety net of support by involving a YP's parents, family members, and other key players.
5. Enhancement of YP's competencies to assist them in achieving confidence and greater self-sufficiency.